
SHITOKAI SCOTLAND
PRESENTS



SHINICHI HASEGAWA

14, 15 & 16 AUGUST 2026

RENFREW,
GLASGOW,
SCOTLAND



**WORLD TEAM
KATA CHAMPION**



SEMINAR FEES

Session	Standard	Shitokai Members
Friday 14 August	£30	£25
Saturday 15 August	£50	£40
Sunday 16 August	£30	£25
Full Seminar (All 3 Days)	£90	£80

Children are welcome and will have their own bespoke instruction from 3 assistant coaches travelling with Shinichi Sensei

ACCOMMODATION

HEADQUARTERS HOTEL

Glynhill Hotel & Spa - 169 Paisley Road, Renfrew PA4 8XB

5 minute walk from dojo

10 minutes drive from Glasgow Airport/City Centre

Preferential rates for seminar attendees:
Single room with breakfast £125 per night
Twin room with breakfast £140 per night
To book contact enquiries@glynhill.com
or call +44141 886 5555 quoting 'Karate Seminar'

SCHEDULE

Friday 14 August	
6-7.30pm	Kihon
7.45-9pm	Nipaipo
Saturday 15 August	
10-11.15am	Kumite (Japan style)
11.30am-1pm	Shisochin
1.30-3pm	Anan
3.15-4.30pm	Open Session
Sunday 16 August	
9-10.15am	Superinpei
10.30am-12pm	Round up/revision

Session content subject to change

HOW TO BOOK

Click [here](#) to register online or contact us directly at shitokaiscotland@gmail.com

SIGHTSEEING OPPORTUNITIES

Edinburgh is just a 50-minute train from Glasgow - during the month of August is the fabulous Edinburgh International Festival and Fringe with Music, Theatre, Art, Dance and Street Performers.



President: Terry Connell 7th Dan - terry.connell@icloud.com / +44 7736 934 210

General Secretary: Jeannette O'Neill - shitokaiscotland@gmail.com

  @ShitokaiScotlandKarate